



**Eaton County Substance Abuse
Advisory Group
March 10, 2009
9:30 a.m. – Noon p.m.
Eaton Intermediate School District
Meeting Minutes**

Present:

Cherie Anderson, Grand Ledge Police Department
Anne Barna, BEDHD
Nancy Bernthal, Eaton ISD
Polly Brainerd, Eaton ISD
Gail Duncan, Community Member
Dur Efaw, Barry/Eaton
Deb Frost, Eaton Substance Abuse Program
Joel Hoepfner, Mid-South Substance Abuse Commission
Sara Lurie, Eaton ISD
Gary Owen, Eaton ISD
Christine Richardson, Grand Ledge YES Center and Restorative Justice
Heather Sanders, Barry-Eaton District Health Department
Ronda Rucker, Early Childhood Connections
Deb Somervill, Eaton Counseling Center
Jack Jesse, ESAP
Loretta Williams, Eaton County United Way
Jeanne Pearl Wright, Eaton County Board of Commissioners

Cherie called the meeting to order at 9:40 a.m. and facilitated introductions.

Agenda for the meeting was reviewed along with minutes from the February meeting. Nancy Bernthal requested to add tobacco to advocacy section. Polly Brainerd requested to add ESAP overview of services to updates and announcements section. Anne Barna made a motion to approve the agenda with additions and minutes, Ronda Rucker seconded the motion. **Motion Carried.**

OLD BUSINESS

Social Networking and Internet Training.

Sara reminded everyone that we have our Webinar with LaDonna Coy scheduled March 17, 2009 from 1:00-3:00. We have had a great response and have a few slots left for others who still want to register. Sara explained that they can participate from office, home or come to EISD. Each participant will need a head set with a microphone, there will be no telephone connection used. Sara will provide headsets to those participating off-site if needed.

NEW BUSINESS

Discussion of Potential Meeting Date Change in April

Several members will not be able to attend due to scheduled Health Summit. Due to difficulty finding an alternate date in April, we decided to keep the April 14th date and expect we will have a smaller meeting.

Youth Depression in Eaton County

Anne prepared a handout on Youth Depression developed from MIPHY Data. She pointed out that this data is related to Substance Abuse, but can help guide prevention activities in other areas. This data was taken to the Kids Network Meeting last month to inform Mental Health Practitioners and other who participate in the group. Anne reviewed the data. In 10th grade in 2004 50% reported depression. This is a persistent problem in the county. Difficulty comparing MIPHY and PNA, in this area since the questions are different. Anne noted that the problem also occurs in the 7th grade population. After sharing this at Kids Network Scott Struck wanted it shared at the Health Commissioners meeting and this was also done last month. Data collected by ECSAAG is now being put to use outside of ECSAAG. Polly inquired about others' experience in working with youth in the county. Nancy indicated that she recently attended a SOS (Signs of Suicide) training that youth put on at Potterville. Ronda Rucker wondered if we have a countywide Suicide Prevention Plan. Anne indicated that we do not have a suicide prevention plan for Eaton County. Anne has been through Suicide Prevention Training and found it similar to Substance Abuse Prevention, you get a coalition together and create a plan. Sara wondered if the Kids Network would consider creating a county plan. Jeanne wondered if there was data that suggested that youth who committed suicide also had a history of substance use. Polly indicated that our data shows that 8th graders show highest use of substances and it is clear that our Middle school youth are showing signs of suicide and substance use. Jack Jesse shared that he sees youth with depression using substances to cope with these feelings. Anne feels that there is some barrier to youth and families in getting access to mental health care. Sara suggested that we share the Youth Depression data with the Eaton County Schools for consideration to add SOS or some other option to their Safe and Drug Free Schools Plan. Jeanne also reported that some of the Juvenile Justice Millage funds allocated to the courts was not used that may be freed up. Deb was wondering why there was no 8th grade data, in her experience 8th grade is even worse. Anne explained that MIPHY covers 7th, 9th and 11th. Deb wondered also what are we doing for these families...she has trouble finding insurances that cover family therapy. She feels there is a hug piece missing in service these days to serve families. No psychiatric clinic in Eaton County. Polly would like to look at some potential action. 1. We have data. 2. We have the potential for Juvenile Justice Funding 3. We could possibly target some of our Mid-South funds for planning efforts. Joel indicated that we should move the data through the logic model to identify contributing factors and strategies to get to a place to access data.

Jack Jesse suggested that we look at expansion of the Choices Program which already involves the parents. Gary agrees with this and indicates that parents are missing the cues. Anne indicates that access to mental health has been an area that Health Connections has been seeking funds to improve this and there may be opportunities to build on this. Huge percentage of patients seek care from primary care physicians for mental health. There are currently long waits for access to primary care services. Anne has also been working on the health professional designation for the county; this is a policy change initiative that the health department is working on. We decided to pursue creating a county plan for suicide through an ad-hoc ECSAAG workgroup. Sara and Polly will explore this further. Others interested in the Ad Hoc Committee included Nancy, Jeanne Deb S., Dur, and Cherie

Court Incurred Costs for Drug Testing

Anne Barna made a motion to pass the discussion on court incurred costs for court ordered drug testing to the alcohol committee for further study and discussion. Sara seconded the motion. Motion Carried. Discussion on focus to take to alcohol committee. Look at relevance to Prevention and make logical connections

UPDATES AND ANNOUNCEMENTS

ESAP Services Overview-Dr. Jack Jesse

- ESAP has an Intensive Outpatient Program
- Step Down Services after IOP
- Individual
- Women's Specialty Program that includes childcare and other support services such as gas cards etc..
- Men's and Women's Jail Group
- Transitional Cognitive group when coming out of jail
- Priority Court Program for Drug offenders who have a 3rd offense through circuit court
- OUIL Program also
- Adult SAFE T Court Program referred through DHS or Friend of the Court where parent or caregiver has substance abuse problem, team approach is used. (Kellogg Grant funded)
- Juvenile SAFE T Court Program Adolescent Program for youth who are court involved has 3 tracks, 60 day, 60 day and 90 day track. Youth ages 14-17 are monitored on 10 points each week such as attendance, grades, home environment. Bill Kennedy oversees this program. Averages about 8 enrolled at a time. (Kellogg Grant funded)
- Choices Early Intervention Program
- Drivers License Evaluations
- Drug Testing (charges cost of the test)
- PBT Breath Testing and ETG's (72 hours)
- New acupuncture and holistic recovery group. Acupuncture helps people detox and reduces anxiety levels using NADA protocols. Dr. Jesse is certified to administer this protocol.

- Applying for a grant for Fetal alcohol Syndrome Prevention to begin to identify Health Department clients at risk for fetal alcohol syndrome.

Grand Ledge CMCA

Chris Richardson reported that CMCA is meeting this Friday, Anne Barna will be providing some additional data reports for the meeting. Their target population for this year is Middle School. They are involved in expanded Alcohol Awareness efforts such as the Talent Show. Eaton County tryouts will be held at the United Methodist Church this Saturday 12-3 p.m. and the Final Talent Show will be held at Hannah Community Center from 7:30-9:30. Other CMCA activities include, working on a Town Hall Meeting and Distributing Parents Who Host Lose the Most materials.

Eaton Rapids Alliance for Substance Abuse Elimination (ERASE) Group Update

Sara Lurie reported on ERASE efforts. They are participating in the SAMSHA Teach in this year instead of hosting a town hall meeting. The Teach In brings community members into the 5-6th grade classrooms to teach an ATOD lesson that enhances their current efforts. They are adapting this a bit to use their Interact Youth Rotary Group and advisors to facilitate the curriculum at Eaton Rapids Middle School. They are also distributing the Parents Who Host Lose the Most Materials at Middle School and High School conferences, collecting the parent pledge cards and implementing a parent survey. They have been working on coordinating efforts with other local groups such as the Rotary, Lions Club, ABC Assets and Interact.

Charlotte and Potterville Prevention Planning Groups

Gary will be holding a 3rd meeting in Charlotte today. He feels the group is ready to hit the ground running. Group has looked at PNA data and shared anecdotal data. Charlotte School District is looking for approval from their superintendent to share their MIPHY data with the group. In Potterville, Gary has been interviewing key leaders and tracking down the school data, he is moving closer to being able to convene a planning group.

Upcoming Law Enforcement Training

Gary reported that Grand Ledge Police Department will be hosting an ECSAAG sponsored law enforcement training this year in May. More information will be forthcoming.

Mid-South Update

Joel gave congratulations on the SPF-SIG submission to address the underage drinking initiative. This resulted in \$31,000 in additional funding this year. There will also be funds available next year.

Mid-South will be sponsoring another orientation training on March 31st 9-3 at Hershey's Steak and Seafood. This session covers Mid-South procedures, Strategic Prevention Framework and Logic Model development.

Tobacco Updates

Nancy called our attention to the recent article in the Grand Ledge Community Newspapers about BEDHD efforts in smoke free restaurant efforts. Heather reported that the Gavel in Charlotte is going smoke free along with the Log Jam in Grand Ledge. We will be sending out a certificate of recognition to these restaurant. We are also encouraged to patronize these establishments. Ronda Rucker announced that we can also nominate establishments as family friendly businesses through the Great Start Collaborative. Heather Sander made a motion that we nominate each business Jeanne seconded the motion. **Motion Carried.**

Comprehensive Smoke Free Workplace Bill 4341 was introduced in the Senate by Joan Bauer. Sent to the regulatory and reform committee where Rick Jones is a member. Individuals can call Representative Jones and ask them to move the bill forward if they are interested.

Governor Grantholm has requested to double the tax on other tobacco products to raise state funds.

Tobacco Sub Group will revisit the lack of cessation services available to youth and positioning the Success in Stages Program somewhere in the county.

Meeting was adjourned at 11:35 a.m.